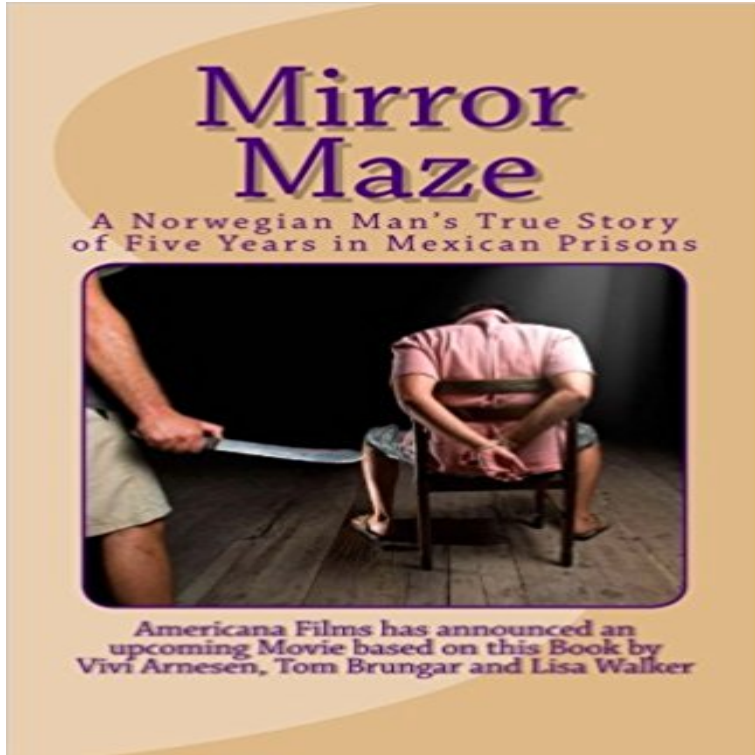


# The Mirror Maze: A Norwegian Mans True Story of Five Years in Mexican Prisons



Tom Brungar grew up in a comfortable Norwegian environment. He became a ski champion for the Norwegian Kings Ski team. He was destined to have the perfect life with the perfect wife and the perfect corporate job. But, the pressure of his perfect world led him to drug abuse and to a secret life where he was forced to be an international drug courier captured and imprisoned in Mexico Tom suffered five years of torture inhumane treatment and extortion plots But with the help of psychologist Adriana he survived to tell his story. This is an incredible account of amazing survival, courage, triumph, overcoming obstacles from the power of the light within and the ability to make the best of situations against all odds. This account is multi-faceted, intertwining Toms personal, philosophical and spiritual revelations on a foundation of socio-political issues. It also displays the disregard for the international treaty of human rights regarding torture. The title signifies the Mirror he sees himself in and the Maze he travels through to arrive at the exit. In a world seemingly without hope, Tom achieves the impossible via amazing perseverance, strength, faith, meditation, self-therapy and transformation of awareness. His good heart, honesty, intelligence, strong ethics, talents and ability to quickly learn the culture and language helps him befriend fellow prisoners and amuse his captors. He also meets and falls in love with Adriana, the prison psychologist, who with the help of the Norwegian embassy obtains his release.

The Movie by Michael Z. Gordon of Americana Films based on this book is coming soon !

[www.TheMirrorMazeStory.com](http://www.TheMirrorMazeStory.com)

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